All About Meeeeeeee

An important part of stand-up comedy is having your own point of view. Your attitude and your perspective will inform the jokes and stories you tell.

I am human. A mammal. A primate. I am also someone's child. I am from a place. I have beliefs, and enthusiasms. These are they.

Area to think about	Word[s] that best describe you
relationships to others	son / daughter / child niece / nephew cousin friend / enemy single / married / in a relationship
your gender	boy / girl / non-binary / man / woman
physical geography, now and/or where you used to live	person from …………………… [village/town/city] person from …………………… [county] person from …………………… [country] person from …………………… [planet]
what you do, and used to do (jobs & chores)	
hobbies	musician / gamer / book-lover / footballer
religion	Christian / Jewish / Muslim / Sikh / Hindu / Buddhist / Jedi / agnostic / atheist
political beliefs	Conservative / Labour / Lib Dem / Green
ethical & moral beliefs	good / evil
skills & abilities	
what you're not	

Pick one of these words, and think about what are typical qualities for such a person. Tell us two such normal characteristics, and then throw in a third surprise one.

Who else is in your category (eg a celebrity or fictional character), and how do you compare to them?

Complete this about-me sentence: "I am a _____.

This means I love _____,

I hate _____

and I always _____".

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Circle as many of these words and phrases as you think apply to you, adding in extra information where it is needed:

HUMAN   SON / DAUGHTER / CHILD   MAMMAL   PRIMATE

FAN OF _____   GOOD FRIEND

CAT-PERSON / DOG PERSON   COOK   SCHOOL PUPIL

GAMER   SKILLED _____   FOODIE

BOY / GIRL / NON-BINARY PERSON   ABSOLUTE ANGEL

MUSICIAN   SPY   TERRIBLE AT _____

HAPPY PERSON   DANCER   SWIMMER   GOOD EGG

REGULAR GUEST OF _____   BOOK-LOVER

RAMBLER   LIAR   GIGGLER   RUDE / POLITE PERSON

CHILD / TEEN / ADULT   HATER OF _____

CHRISTIAN / JEW / MUSLIM / HINDU / SIKH / BUDDHIST / ATHEIST

DREAMER   USER OF _____   MIST

KEEN GARDENER   LUCKY / UNLUCKY PERSON   SINGER

GRANDCHILD   COUSIN   NIECE / NEPHEW   FORMER BABY

ENEMY   FOLLOWER OF _____   LITTLE BIT MAGIC

PERSON WITH _____ [ILLNESS/DISABILITY/ALLERGY]

DISRUPTIVE INFLUENCE   FOOTBALLER   MINI-GOLFER

SOMEONE WHO IS KEEN TO MAKE UP MY OWN DEFINITIONS

_____   _____

Put one of your ABOUT ME words – eg 'human' - in the centre of this spider diagram. Then think of five words or phrases that are connected to that word – eg 'hunter', 'artist', 'top dog' - and write them in to the linked boxes. Next, think of words or phrases that are connected to those ones, and write them in to the cloud shapes. When you have finished, you will have lots of words to inspire your new material. In fact, see if you can find a joke that links one of the cloud words to the word in the centre.